

Kendal Fellwalkers Programme Summer 2019

Information from: Secretary 01539 720021 or Programme Secretary 01524 762255
www.kendalfellwalkers.co.uk

Guidelines for A walks-** When joining one of these A** walks each person participates at his / her own risk, is totally responsible for his / her own actions and takes part only on the understanding that no liability whatsoever shall be construed against any other participant or organiser for actions (or lack of actions) undertaken in good faith. These walks are only open to experienced members.

Date	Grade	Area of Walk	Leader	Time at Kendal	Starting Point Grid Ref.	Time walk starts
07/04/2019	A	Force Crag mine, Crag Hill, Grasmoor, Lad Hows, Rannerdale Knotts, Knott Rigg, Causey Pike, Barrow (16mi 6500ft)	Peter Broad	08:30	Braithwaite Primary School NY232237	09:30
	B	Dent Station, Whernside, Ribblehead (12.5mi 2300ft) Linear walk using train (10:24) to Dent Station. Take rail pass if you have one. Please contact leader in advance.	Cathy Gunner	09:10	Ribblehead Station SD765793	10:00
	C	Caw and White Maiden (8mi 2600ft)	John Nash	08:30	Whins layby (south of Hummer Lane) on A593 SD269932	09:30
14/04/2019	A	Whinlatter, Lord's Seat, Graystones, Whiteside, Grisedale Pike (14mi 5000ft)	Keith Birbeck	08:30	Hobcarton (forestry CP) NY191245	09:35
	B	Red Tarn, Crinkle Crag, Bowfell (via Climbers' Traverse), Hell Gill (8mi 3300ft)	John Lloyd	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
	C	High Spy, Maiden Moor (9mi 2700ft)	Trevor Lunn & Penny Dyer	08:30	Rosthwaite NT CP NY257148	09:35
21/04/2019	A	Hare Shaw, Mardale, Mardale Ill Bell, Harter Fell, Selside Pike, Swindale (15mi 4200ft)	Janet Capper	08:30	Swindale Foot NY522142	09:20
	B	Kentmere Pike, Nan Bield, Piot Crag, Mardale, Selside Pike (11mi 4200ft)	Yvonne Cannon	08:30	Longsleddale Church (meet for car-sharing) NY501028	08:50
	C	Rest Dodd, The Nab, Angletarn Pikes, Boredale Hause (9mi 2600ft)	Sue Madden	08:30	Hartsop NY410129	09:15
28/04/2019	A	Jubilee, Victoria and Horseshoe Caves, Nappa Cross, Malham, Janet's Foss, Gordale Scar, Langscar Gate (17mi 2500ft) Head-torches essential to explore caves	Denis Mitchell	08:30	Laybys on Malham Road beyond Langcliffe SD832655	09:20
	B	Dow Crag, Coniston Old Man, Swirl How, Grey Friar, Wallowbarrow Gorge (14mi 3800ft)	Martin Anderton	08:30	Seathwaite (Duddon valley) village hall SD228960	09:45
	C	Coledale Round (9mi 3700ft)	Frank Jones	08:30	Braithwaite Primary School NY232237	09:30
02/05/2019	E	Rosthwaite Heights	Mark Tye		Broom Hill junction (1mi north of Winster on A5074) SD414941	19:00
05/05/2019	A	Red Screes, Dove Crag, Fairfield, Stone Arthur, Alcock Tarn (14mi 5300ft)	Elspeth Smithson	08:30	"Sweden End", Sweden Bridge Lane, Ambleside NY376049	09:00
	B	Sheffield Pike, Hart Side, Common Fell, Gowbarrow Fell (12.5mi 4100ft)	Janet & Derek Capper	08:30	Glencoyne Bay NT CP NY386188	09:20
	C	Feizor woods, Stainforth Force, Giggleswick Scar (9.5mi 1000ft)	John Pratt	08:30	Austwick Bridge (opposite Traddock Hotel), Austwick SD768683	09:20
09/05/2019	E	Dales Way and School Knott	Steve & Pam Livingston		Ings, { Biketreks } CP (by kind permission) SD447986	19:00
12/05/2019	A	Heughscar Hill, Howtown, Steel Knotts, Wether Hill, Bonscale Pike, Arthur's Pike (18mi 3800ft)	Jill Robertson	08:30	Askham CP (behind Queen's Head) NY513237	09:10
	B	Bowland Fells (Littledale, Grit Fell, Clougha Pike) (12.5mi 2200ft) No dogs please. Grouse moors.	Nigel Coe	08:30	Little Cragg parking area (roadside hard standing NE of Rigg Lane CP) SD546617	09:15

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	C	Whinash and Bretherdale (9mi 2000ft)	Jo Birbeck & Frances Thornton	08:30	Roundthwaite (layby on minor road) NY611029	09:00
16/05/2019	E	Hincaster trail and Heversham Hill	Clare Ridgely		{ Heversham Hotel } CP SD494833	19:00
19/05/2019	A	Norber Erratics, Feizor Woods, Stainforth, Giggleswick Scar (16mi 2800ft)	Bryan Hardaker	08:30	Clapham CP SD745692	09:15
	B	Carl Side, Skiddaw, Lonscale Fell, Latrigg (11mi 4000ft)	George & Margaret Taylor	08:30	Under Skiddaw Church Rooms, Appletthwaite NY261258	09:30
	C	Hutton Roof, Farleton Fell (9mi 1300ft)	John Hart	08:30	Plain Quarry CP SD552761	09:05
23/05/2019	E	High Longmire, Low Hay Bridge, Burn Knott	John Wilkinson		Bouth, Near Old Hall Farm (roadside parking) SD325855	19:00
25/5/19 to 1/6/19 Kendal Fellwalkers week in Lochcarron (See Jackie for details.)						
26/05/2019	C	Threshthwaite Cove, Thornthwaite Crag, High Street, Angle Tarn (10mi 3300ft)	Ros Taylor	08:30	Hartsop NY410129	09:15
30/05/2018	E	No walk - Week in Lochcarron				
02/06/2019	C	Brim Fell, Coniston Old Man (8.5mi 3100ft)	Janet & Derek Capper	08:30	Shepherd's Bridge, Coniston (opposite primary school) or in social centre CP SD304977	09:15
06/06/2019	E	A history walk in Kendal led by the Civic Society (A voluntary donation (£2 suggested) would be appreciated)	Tony Willey (with a member of the Civic Society)		Kendal Town Hall SD514926	19:00
09/06/2019	A	Grey Friar, Harter Fell, Green Crag (17mi 6000ft)	John Jennings	08:30	Fell Gate, Walna Scar CP SD289970	09:20
	B	Carrock Fell to Great Calva (13mi 4000ft)	Chris Lloyd	08:30	Mosedale Bridge NY357319	09:25
	C	Greenup Gill, Ullscarf, Blea Tarn, Watendlath, Dock Tarn (10mi 2800ft)	Trevor Davis	08:30	Stonethwaite (layby) NY260138	09:40
13/06/2019	E	Yewbarrow, Witherslack Hall Farm, Knot Wood, Moss Howe Quarries	Yvonne Cannon		Witherslack Primary School (roadside parking) SD433842	19:00
16/06/2019	A	{ Summer Challenge } Ennerdale Horseshoe (Great Borne, Red Pike, Great Gable, Pillar, Crag Fell) (24mi 9200ft) Please contact leader in advance.	Mark Tye	05:30	Bleach Green CP NY085153	07:00
	B	Langdale Pikes, High Raise, Smithymire Island, Langstrath, Stake Pass (14mi 3800ft)	Martin Anderton	08:30	New Dungeon Ghyll NT CP NY294064	09:15
	C	Stonesdale and Swinner Gill (10mi 1300ft)	John Hart	08:30	Muker (roadside parking) SD908978	09:45
20/06/2019	E	Arnside Knott	Alan & Margaret Parker		Arnside Prom (west end) SD454786	19:00
23/06/2019	A	Bowfell (via Climbers' Traverse), Esk Pike, Scafell Pike, Corridor Route, Round How, Great End, Rossett Pike, Stake Pass, Mickleden (13.5mi 5700ft)	Jill Robertson	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
	B	Helvellyn, Dollywagon Pike, St. Sunday Crag, Arnison Crag (12mi 4300ft) Includes grade 1 scramble on Striding Edge if conditions permit.	Steve & Pam Livingston	08:30	Patterdale (school) NY394160	09:15
	C	Gatescarth, Mardale, Corpse Road, Swindale Head, Mosedale (8mi 2400ft)	Yvonne Cannon	08:30	Longsleddale Church (meet for car-sharing) NY501028	08:50
27/06/2019	E	Potter Fell	Janet & Derek Capper		Staveley (Wilf's CP) SD471983	19:00
30/06/2019	A	Ingleborough Circuit (Clapham, Long Scar, Park Fell, Ingleborough, Twistleton Moor) (20mi 3000ft)	John Jennings	08:30	Ingleton, Waterfalls walk CP SD693732	09:10
	B	Sail Beck, Addacomb Hole, Wandope, Crag Hill, Sail, Ard Crag, Knott Rigg (11mi 3500ft)	Ken Taylor	08:30	Buttermere Church NY179172	09:45

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	C	Seathwaite Tarn, Coniston Old Man, Swirl How, Grey Friar (10.5mi 3500ft)	Ros Taylor	08:30	High Tongue (Fickle Steps), grass layby SD230974	09:35
04/07/2019	E	Circuit of Rydal Water (via Loughrigg)	Ken & Ros Taylor		Pelter Bridge NY365059	19:00
07/07/2019	A	Red Screens to Great Dodd (Dove Crag, Fairfield, Helvellyn, Stybarrow Dodd) (15mi 5700ft) Linear walk. Please contact leader in advance.	Andy Chadwick	08:30	Kirkstone summit CP NY401081	09:05
	B	Hause Gate, Hindscarth, Dale Head, Rigghead Quarries, Borrowdale (12mi 4200ft)	Janet & Derek Capper	08:30	Bowder Stone NT CP NY253168	09:35
	C	Easedale, Sergeant Man, Calf Crag, Steel Fell (9.5mi 2800ft)	Chris Walters	08:30	Mill Bridge (layby north of) on A591 NY335096	09:10
11/07/2019	E	Ancient sites of Birkrigg Common	Alison Gilchrist		{ Derby Arms }, Great Urswick SD269747	19:00
14/07/2019	A	Hard Knott, Upper Eskdale, Scafell, Slight Side, Harter Fell (14mi 5000ft)	Mark Tye	08:30	Birks Bridge (forestry CP) SD235995	09:30
	B	Great Carrs, Grey Friar, Coniston Old Man (12mi 4700ft)	George Wostenholm	08:30	Tilberthwaite NY306010	09:15
	C	Stone Arthur, Great Rigg, Nab Scar, Alcock Tarn, Forest Side (7mi 2600ft)	Derek Capper	08:30	Grasmere (layby north of Swan Inn on A591) NY337086	09:10
18/07/2019	E	Sizergh Castle, Helsington, Cotes	Andy Chadwick		Levens Church (roadside parking) SD485857	19:00
21/07/2019	A	Hopegill Head, Whiteside, Grasmoor (via Dove Crags), Sand Hill, Hopegill Head, Dodd, Hopebeck (13mi 5800ft)	Andy Chadwick	08:30	Darling How (Forestry) CP NY181255	09:45
	B	Fairfield horseshoe (anti-clockwise) (11mi 3200ft)	Elspeth Smithson	08:30	``Sweden End'', Sweden Bridge Lane, Ambleside NY376049	09:00
	C	Hindscarth, Dale Head, High Spy, Maiden Moor, Catbells, Hause Gate (9mi 3400ft)	Alison Gilchrist	08:30	Little Town CP NY232194	09:45
25/07/2019	E	Wet Sleddale	Margaret Lightburn		Wet Sleddale CP NY554114	19:00
28/07/2019	A	Whiteside, Dollywagon Pike, Ullscarf, Armboth Fell (17mi 5500ft)	Mark Tye	08:30	Legburthwaite village hall NY318189	09:20
	B	Ullscarf (via West Head), High Raise, Sergeant Man, Tarn Crag, Wythburn (11mi 3300ft)	Ken Taylor	08:30	Steel End (Wythburn) CP NY320129	09:15
	C	Fleetwith Pike, Grey Knotts, Brandreth, Great Gable, Moses Trod (9mi 3700ft)	Trevor Davis	08:30	Gatesgarth NY194149	09:45
01/08/2019	E	Levens Park and River Kent	Sarah Roberts		Bridge near Sedgwick SD507868	19:00
04/08/2019	A	Buttermere circuit (Red Pike, Haystacks, Fleetwith Pike, Dale Head, Robinson) (14.5mi 5400ft)	Steve Livingston	08:30	Buttermere Church NY179172	09:45
	B	Grike, Crag Fell, Caw Fell, Lank Rigg (14mi 3500ft)	Tony Willey	08:30	Scaly Moss (Cold Fell Road) NY062134	10:15
	C	Cold Pike, Crinkle Crags (9mi 2900ft)	Frank Jones	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
08/08/2019	E	St Sunday's Beck and The Helm	John Nash		Layby on Hayclose Lane (near { Station Inn }) SD535900	19:00
11/08/2019	A	Bowfell, Esk Pike, Great End, Scafell Pike (16mi 4800ft)	John Wilkinson	08:30	Jubilee Bridge NY213011	09:45
	B	Ullock Pike, Skiddaw, Lonscale Fell (13mi 4000ft)	Chris Lloyd	08:30	Quarry (by bus stop) on A591 (0.5mi north of Forestry Commission CP) NY234292	09:30
	C	Garsdale, Wild Boar Fell, Kirkby Stephen (12mi 2400ft) Linear walk using train (time to be confirmed) to Garsdale Station. Take rail pass if you have one. Please contact leaders in advance.	Joanna Kirkbride & Paulene Byard	??	Kirkby Stephen railway station NY762067	??

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15/08/2019	E	Scout Scar	Chris & Shirley Michalak		Scout Scar CP (in old quarry on Underbarrow Road) SD488923	19:00
18/08/2019	A	Section 1 of { Bob Graham Round } (Skiddaw, Great Calva, Blencathra) (15mi 5400ft) Linear walk. Please contact leader in advance.	Bryan Hardaker	08:30	Threlkeld upper CP (Blease Road) (meet for bus to Keswick) NY318256	09:25
	B	Levers Water, Goat's Hawse, Dow Crag, White Maiden, Torver lakeshore (11mi 3300ft) Possibility of swimming	Jackie Coe	08:30	Layby on west side of A593 (Haws Bank) SD299966	09:20
Please submit walks for the winter programme.						
22/08/2019	E	Under Loughrigg, Fox Ghyll, Todd Crag, Lily Tarn	Jonathan & Jennifer Moffett		Ambleside, Miller Bridge NY371045	19:00
25/08/2019	A	Brock Crag, High Street, Caudale Moor, Red Screes, Hartsop above How (15mi 4800ft)	Keith Birbeck	08:30	Hartsop NY410129	09:15
	B	Gatescarth Pass, Long Stile, High Street, Harter Fell (12mi 4300ft)	Les Watson	08:30	Longsleddale Church (meet for car-sharing) NY501028	08:50
	C	Haweswater lakeshore, Mardale Head, Guerness Gill, Harper Hills (12mi 2100ft)	John Lloyd	08:30	Burnbanks NY507161	09:10
29/08/2019	E	Dallam Park and Haverbrack Fell	Janet & Derek Capper		Park Road CP Milnthorpe SD495814	19:00
01/09/2019	A	Upper Duddon circuit (Grey Friar, Great Carrs, Wrynose, Cold Pike, Hard Knott, Harter Fell) (16mi 6000ft)	John Wilkinson	08:30	High Tongue (Fickle Steps), grass layby SD230974	09:35
	B	Deepdale, Cofa Pike, Fairfield, Hart Crag, Red Screes (12mi 4100ft)	George Wostenholm	08:30	Cow Bridge NY402133	09:15
	C	Carrock Fell, Knott, High Pike (10mi 2600ft)	Paulene Byard & Joanna Kirkbride	08:30	Carrock Beck (grass verge south of beck) NY349350	09:30
08/09/2019	A	Scarth Gap, Ennerdale, Steeple, Pillar, Kirk Fell, Great Gable, Green Gable, Brandreth, Haystacks (17mi 6600ft)	Peter Broad	08:30	Gatesgarth NY194149	09:45
	B	{\it The Ullswater Way } (waymarked circuit of Ullswater) (21mi 2300ft)	Helen Bingley	08:30	Glencoyne Bay NT CP NY386188	09:20
	C	Lodore Falls, Watendlath, Grange Fell, Castle Crag (9mi 2600ft)	Sue Madden	08:30	Bowder Stone NT CP NY253168	09:35
11/9/19 (Wednesday) AGM 7:30pm at 17 Hayfell Rise (Ken & Ros) All members welcome.						
15/09/2019	A	Coniston Old Man (via south ridge), Dow Crag, White Pike, Caw, Great Stickle, The Knott (16mi 5200ft)	Chris Michalak	08:30	Hummer Lane SD269934	09:25
	B	High Rigg, Clough Head, Great Dodd, Stybarrow Dodd (11.5mi 3500ft)	Steve & Pam Livingston	08:30	Legburthwaite village hall NY318189	09:20
	C	Latterbarrow, Hawkshead, Tarn Hows, Black Fell (11mi 2200ft)	Bryan & Liz Hardaker	08:30	Layby on B5286 approaching Outgate NY355003	09:10
22/09/2019	A**	Red Screes (via SE ridge), Little Hart Crag, Stand Crag, Upper Dovedale, Priest's Hole, Hart Crag, Hartsop above How, Pasture Bottom, Raven Crag, Stony Cove Pike (15mi 5200ft) Includes grade 2 scramble on Raven Crag if conditions permit. Please contact leader in advance.	Denis Mitchell	08:30	Kirkstone summit CP NY401081	09:05
	B	Scarth Gap, Kirk Fell, Great Gable, Brandreth, Fleetwith Pike (9mi 4700feet)	Les Watson	08:30	Gatesgarth CP NY194149	09:45
	C	St Sunday Crag (via east ridge), Fairfield, Dove Crag, Priest's Hole (10mi 3500ft)	Alison Gilchrist	08:30	Cow Bridge NY402133	09:15
29/09/2019	A	Little Fell, Wild Boar Fell, Swarth Fell, Mallerstang (Pennine Bridleway) (17mi 3100ft)	Lorraine Kane	08:30	Tommy Road (near Pendragon Castle) (roadside parking) NY779029	09:25

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	B	Lingmoor, Pike of Blisco, Little Langdale (11mi 4200ft)	Margaret Parker	08:30	Elterwater free CP NY329051	09:10
	C	Harter Fell, Hard Knott, Lincove Beck (8mi 2600ft)	John Nash	08:30	Jubilee Bridge NY213011	09:45

Dates for your diary

13/10/19 Annual club supper at Eagle and Child Hotel, Staveley (Details to follow with the winter programme.)

23/5/20 to 30/5/20 Kendal Fellwalkers week at Spean Bridge (Details to follow in Autumn)

Evening walks are intended to be social Summer evening walks, possibly ending with a drink in a pub. They are planned to be about 3 to 5 miles in length and to take up to 2 hours.

All walks are on Thursday and start at 7pm

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