

# Kendal Fellwalkers Programme Summer 2018

Information from: Secretary 01539 720021 or Programme Secretary 01524 762255  
www.kendalfellwalkers.co.uk

**Guidelines for A\*\* walks-** When joining one of these A\*\* walks each person participates at his / her own risk, is totally responsible for his / her own actions and takes part only on the understanding that no liability whatsoever shall be construed against any other participant or organiser for actions (or lack of actions) undertaken in good faith. These walks are only open to experienced members.

Date	Grade	Area of Walk	Leader	Time at Kendal	Starting Point Grid Ref.	Time walk starts
01/04/2018	A	Howgills 2000's (18mi 6500ft)	Chris Michalak	08:30	Sedbergh (Loftus Hill CP) SD658919	09:05
	B	Moor Divock, Loadpot Hill, Wether Hill, Fusedale, Heughscar Hill (14mi 2600ft)	Margaret Lightburn	08:30	Askham CP (behind Queen's Head) NY513237	09:10
	C	Thornthwaite Crag, High Street, Angle Tarn, Boardale Hause (9mi 2400ft)	Ros Taylor	08:30	Hartsop NY410129	09:15
08/04/2018	A	Place Fell, Birk Fell, Steel Knotts, High Raise, Rest Dodd (14mi 5500ft)	Janet Capper	08:30	Deepdale Bridge (Bridgend) NY399143	09:15
	B	Snarker Pike, Red Screes, Little Hart Crag, Dove Crag, High Pike, Low Pike (11mi 4100ft)	Helen Bingley	08:30	Ambleside, Miller Bridge NY371045	09:00
	C	Barbon to Sedbergh (via Barbon Park, Calf Top, Holme Knott) (10mi 2000ft) Linear walk. Please contact leader in advance.	Jo Birbeck	08:30	Barbon village hall CP SD627823	09:00
15/04/2018	A	Coniston Fells (Hole Rake, Grey Friar, Swirl How, Coniston Old Man) (13mi 5200ft)	Steve Livingston	08:30	Coniston Station SD300974	09:15
	B	Pike of Stickle, Angle Tarn, Esk Pike, Bowfell (11mi 4500ft)	George Wostenholm	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
	C	Great Stickle, Stickle Pike, Caw, The Knott (8.5mi 2900ft)	Jackie Coe	08:30	Broughton Mills Reading Room CP (opp. Blacksmiths Arms) SD222905	09:30
22/04/2018	A	Knott Hill, Black Combe, Whitfell, Caw, Great Stickle (18mi 5000ft)	Mark Tye	08:30	Duddon Bridge (layby on Ulpha road) SD199882	09:20
	B	Skiddaw, Latrigg (11mi 3500ft)	George & Margaret Taylor	08:30	Under Skiddaw Church rooms, Applethwaite NY261258	09:30
	C	Garsdale, Swarth Fell, Wild Boar Fell (11mi 1500ft) Linear walk using train (10:21) to Garsdale. Fare £3.80. Please contact leader in advance.	John Lloyd	09:15	Kirkby Stephen railway station NY762067	10:00
29/04/2018	A	St Sunday Crag, Fairfield, Hart Crag, Dove Crag, Little Hart Crag, High Hartsop Dodd, Brock Crags (13.5mi 5300ft)	Keith Birbeck	08:30	Patterdale (school) NY394160	09:15
	B	Robinson, Dale Head, High Spy, Nitting Haws (11.5mi 4600ft)	Janet & Derek Capper	08:30	Layby on B5289 near Grange-in-Borrowdale NY256176	09:35
	C	Coledale horseshoe (Kinn End, Grisedale Pike, Crag Hill, Sail) (9.5mi 3500ft)	Robert Metcalf	08:30	Braithwaite primary school NY232237	09:30
03/05/2018	E	Hampsfell	Janet & Derek Capper		Cartmel racecourse CP SD377787	19.00
06/05/2018	A	Sour Howes, Sallows, Kentmere village, Yoke (by Rainsborrow Crag), Ill Bell, Thornthwaite Crag, Caudale Moor, Woundale (16mi 6000ft)	Jill Robertson	08:30	Troutbeck Church NY412027	09:00
	B	Ease Gill, Crag Hill, Great Coum, Gragareth (14mi 2400ft)	Cathy Gunner	08:30	Leck (St. Peter's Church) SD642766	09:00
	C	Place Fell and Beda Fell (8.5mi 3100ft)	Chris & Shirley Michalak	08:30	Patterdale (school) NY394160	09:15
10/05/2018	E	Dales Way and School Knott	Steve & Pam Livingston		Ings, Biketrebs CP (by kind permission) SD447986	19.00

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13/05/2018	A	Dentdale Circuit (Great Coum, Kingsdale Head, Whernside, Blea Moor, Great Knoutberry Hill, Aye Gill Pike) (23mi 5000ft)	Mark Tye	08:30	Dent village CP SD704870	09:15
	B	Stake Pass, Langstrath, Glaramara (via Cam Crag ridge), Allen Crag, Rossett Pass (12mi 4500ft) Optional grade 1 scramble (Cam Crag ridge)	Margaret & Alan Parker	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
	C	Feizor Woods, Stainforth Force, Giggleswick Scar (9.5mi 1000ft)	John Pratt	08:30	Austwick Bridge (opp. Traddock Hotel) Austwick SD768683	09:20
17/05/2018	E	Around the Helm	Sarah Roberts		Oxenholme Station Inn (layby on Hayclose Lane) SD535900	19.00
20/05/2018	A	Ullswater Circuit (Beda Fell, Arthur's Pike, Gowbarrow Fell, Glencoynedale) (24mi 6500ft)	Janet Capper	08:30	Patterdale (school) NY394160	09:15
	B	Birkhouse Moor, Helvellyn (via Swirral Edge), Raise, Sheffield Pike, Glenridding Dodd (11mi 4500ft)	Sue Madden	08:30	Stybarrow Crag NY387178	09:20
	C	Bessyboot, Rosthwaite Cam, Glaramara, Thorneythwaite Fell (7mi 2500ft)	Alison Gilchrist	08:30	Thorneythwaite Lane (left at Strands Bridge approaching Seatoller) NY249134	09:40
24/05/2018		Ancient sites of Birkrigg Common	Alison Gilchrist		Great Urswick, Derby Arms SD269747	19.00
<b>26/5/18 to 2/6/18 Kendal Fellwalkers week in Ullapool (see Frank for details)</b>						
27/05/2018	B	Extended Kentmere horseshoe (Ill Bell, High Street, Blea Water (via Long Stile), Small Water, Harter Fell) (13.5mi 4700ft)	Kevin Dronsfield	08:30	Staveley (layby on A591 north entrance to village). Meet for car sharing to Kentmere SD461983	08:45
	C	Swinner Gill, Gunnerside, Muker, Kidson Force (11.5mi 2200ft)	Trevor Davis	08:30	Keld NY892011	09:45
31/05/2018	E	No walk			Week in Ullapool	19.00
03/06/2018	B	The Knight (Place Fell), Martindale, High Raise (12mi 4400ft)	George Wostenholm	08:30	Hartsop NY410129	09:15
	C	Yoke, Ill Bell, Froswick (9.5mi 3000ft)	Ros Taylor	08:30	Troutbeck Church NY412027	09:00
07/06/2018	E	Troutbeck	Tony Willey		Holehird CP NY410007	19.00
10/06/2018	A	Bowland Fells (Whins Brow, Hawthornthwaite Fell, Fair Snape Fell, Parlick, Saddle Fell) (18mi 3000ft)	Pete Garner	08:30	Langden Brook (grass verge) SD633511	09:30
	B	Grisedale Pike, Hopegill Head, Grasmoor (11mi 3600ft)	Chris Lloyd	08:30	Braithwaite primary school NY232237	09:30
	C	Pike of Blisco, Crinkle Crag, The Band (8mi 3600ft)	Paulene Byard & Frances Thornton	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
14/06/2018	E	Farleton Fell	Dennis Mitchell		Layby, Canal Bridge (off A6070 Burton Road) SD531807	19.00
17/06/2018	A	Summer Challenge Crummock and Buttermere Circuit (Hopegill Head, Ard Crag, Dale Head, Haystacks, Red Pike, Great Borne, Hen Comb) (25mi 10500ft) Please contact leader in advance.	Mark Tye	06:00	Lanthwaite Green NY158207	07:15
	B	High Hartsop Dodd, Dove Crag, Fairfield, St Sunday Crag (12mi 4000ft)	Martin Anderton	08:30	Cow Bridge NY402133	09:15
	C	Stonesdale and Swinner Gill (10mi 1300ft)	John Hart	08:30	Muker SD908978	09:45
21/06/2018	E	Arnside Knott	Margaret & Alan Parker		Arnside Prom (west end) SD454786	19.00
24/06/2018	A	Charnley Way 1 (Borrowdale) (Glaramara, Allen Crag, Esk Pike, Charnley	Bryan Hardaker	08:30	Rosthwaite NT CP NY257148	09:35

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		Crag, Langstrath) (13mi 3500ft) Walk to be completed in three sections (See also 8/7/18 and 22/7/18)				
	B	Dale Head, Hindscarth, Robinson, Knott Rigg (11mi 4000ft)	John O'Shea & Val Williamson	08:30	Little Town CP NY232194	09:45
	C	Eagle Crag, Sergeant's Crag, High Raise, Ullscarf (10mi 2800ft)	Frank Jones	08:30	Rosthwaite NT CP NY257148	09:35
28/06/2018	E	Wet Sleddale	Margaret Lightburn		Wet Sleddale CP NY554114	19.00
01/07/2018	A	Ard Crag, Robinson, Gatesgarth, Fleetwith Pike, Dalehead Tarn, Catbells (16.5mi 6800ft)	Dennis Walker	08:30	Gutherscale NY245210	09:30
	B	Fairfield horseshoe (anti-clockwise) (11mi 3200ft)	Elspeth Smithson	08:30	Sweden EndV, Sweden Bridge Lane, Ambleside NY376049	09:00
	C	Nan Bield, Mardale Ill Bell, High Street, Kidsty Pike (9mi 2900ft)	John Pratt	08:30	Mardale Head CP NY469107	09:30
05/07/2018	E	Historic Industrial Sites of Haverthwaite, Low Wood, Brow Edge, Backbarrow	John Wilkinson		Haverthwaite, Anglers Arms SD347840	19.00
08/07/2018	A	Charnley Way 2 (Eskdale (Slight Side, Scafell Pike, Esk Pike, Charnley Crag, Lincove Beck) (14mi 5000ft)	Keith Birbeck	08:30	Wha House (CP opposite) NY200009	09:50
	B	Grey Friar, Great Carrs, Swirl How, Dow Crag (9.5mi 3700ft)	Jackie Coe	08:30	Grass layby at High Tongue (Fickle Steps) SD230974	09:35
	C	High Spy, Maiden Moor (9mi 2700ft)	Trevor Lunn & Penny Dyer	08:30	Rosthwaite NT CP NY257148	09:35
12/07/2018	E	Serpentine woods and Cunswick Scar	John Nash		Scout Scar quarry CP SD488923	19.00
15/07/2018	A	Skiddaw Little Man (by SW ridge), Skiddaw, Bakestall, Lonscale Fell (by NE ridge), Latrigg (12mi 4800ft)	Andy Chadwick	08:30	Keswick, Briar Rigg (roadside parking) NY267241	09:30
	B	Border End, Harter Fell, Green Crag, Dawsonground Crag (11.5mi 4000ft)	John Nash	08:30	Jubilee Bridge (roadside parking west of bridge) NY213011	09:45
	C	Devils Beeftub circuit (12mi 2000ft)	Bryan & Liz Hardaker	08:30	Moffat, Station CP NT084049	10:00
19/07/2018	E	Sour Howes	Mark Tye		Troutbeck Church NY412027	19.00
22/07/2018	A	Charnley Way 3 (Langdale) (Silver Howe, Thunacar Knott, Charnley Crag, Crinkle Crag, Lingmoor) (15.5mi 5500ft)	Steve Livingston	08:30	Elterwater (free CP) NY329051	09:10
	B	Bannisdale horseshoe (Todd Fell, Capplebarrow, White Howe) (11.5mi 2000ft)	Alison Gilchrist	08:30	Thorn Cottage (off A6 north of Kendal) grass verges NY543013	08:50
	C	Sunbiggin Tarn, Potts valley, Great Asby Scar (12mi 1700ft)	Ken Taylor	08:30	Sunbiggin Tarn (by cattlegrid) NY675078	09:10
26/07/2018	E	Potter Fell	Janet & Derek Capper		Staveley (Wilf's CP) SD471983	19.00
29/07/2018	A	Scarth Gap, Ennerdale, Steeple, Pillar, Kirk Fell, Great Gable, Brandreth, Haystacks (17mi 6600ft)	Peter Broad	08:30	Gatesgarth NY194149	09:45
	B	Helvellyn (via Striding Edge), Dollywagon Pike, St Sunday Crag, Arnison Crag (12mi 4300ft)	Steve & Pam Livingston	08:30	Patterdale (school) NY394160	09:15
	C	Sallows, Sour Howes, Orrest Head (10mi 2300ft) Followed by optional tour of gardens (donations please!)	Tony Willey	08:30	Holehird coach CP (before main gate) NY407005	08:55

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02/08/2018	E	Wansfell	Mark Tye		Roadside parking near The Log HouseV, Ambleside NY377038	19.00
05/08/2018	A	Lakeshore, High Rigg, Clough Head, Dodds, Raise, Helvellyn, Wythburn (17mi 6500ft)	Jill Robertson	08:30	Thirlspot (layby south of King's Head) NY316171	09:20
	B	Easedale Tarn, Codale Tarn, Sergeant Man, High Raise, Calf Crag, Steel Fell (11mi 3400ft)	Chris Michalak	08:30	Grasmere (layby on A591 north of Swan Inn) NY337086	09:10
	C	Cam Spout, Foxes Tarn, Scafell, Slight Side (9.5mi 3400ft)	Trevor Davis	08:30	Jubilee Bridge (roadside parking west of bridge) NY213011	09:45
09/08/2018	E	Low Wood and Bigland Tarn	Ken & Ros Taylor		Low Wood (100m left beyond bridge on B5278), Haverthwaite SD347836	19.00
12/08/2018	A**	Coniston tops and scrambles (Low Water, Brim Fell, Swirl How, Seathwaite Tarn, Dow Crag) (12mi 4000ft) Optional scrambles (grade 1 and 2) if conditions permit	John Wilkinson & Janet Capper	08:30	Torver Church CP SD284943	09:20
	B	Mid Eskdale, Long Green, Scafell, Hard Rigg Gill (12mi 3100ft)	Ken Taylor	08:30	Wha House (CP opposite) NY200009	09:50
	C	Gray Crag, Thornthwaite Crag, High Street, Rest Dodd (9mi 3100ft)	Penny Dyer & Trevor Lunn	08:30	Hartsop CP NY410129	09:15
16/08/2018	E	Jenny Brown's Point	Janet & Derek Capper		CP Shore Road end, Silverdale SD458748	19.00
<b>Please submit walks for the winter programme</b>						
19/08/2018	A	Fairfield (by Link Cove), Dove Crag, Caudale Moor, Gray Crag (16mi 6700ft)	Andy Chadwick	08:30	Hartsop NY410129	09:15
	B	Fleetwith Pike, Dale Head, Hindscarth, Robinson (11mi 4500ft)	John Lloyd	08:30	Buttermere Church NY179172	09:45
	C	Grisedale Pike, Whiteside, Dodd (10mi 3000ft)	Chris Lloyd	08:30	Hobcarton CP NY191245	09:35
23/08/2018	E	Under Loughrigg, Fox Ghyll, Todd Crag, Lily Tarn	Jonathan & Jennifer Moffett		Ambleside, Miller Bridge NY371045	19.00
26/08/2018	A	Greater Kentmere horseshoe (Sallows, Thornthwaite Crag, Harter Fell, Kentmere Pike) (19mi 5200ft)	Dennis Mitchell	08:30	Staveley (layby on A591, north entrance to village) Meet for car-sharing to Kentmere SD461983	08:45
	B	Howgills East (Harter Fell, Green Bell, Yarlside) (11mi 3000ft)	Keith Birbeck	08:30	Cross Keys Inn SD698969	09:10
	C	Cautley Spout, The Calf, Arant Haw (11mi 2500ft)	Martin Anderton	08:30	Sedbergh (Joss Lane CP) SD659922	09:05
02/09/2018	A	Bowfell, Scafell Pike, Scafell (by Lord's Rake, West Wall traverse) (16.5mi 5000ft)	John Wilkinson	08:30	Jubilee Bridge (roadside parking west of bridge) NY213011	09:45
	B	St Sunday Crag, Fairfield, Hart Crag, Hartsop-above-How (10mi 3600ft)	Theresa Paul	08:30	Deepdale Bridge (Bridgend) NY399143	09:15
	C	Crosby Ravensworth Fell, Orton Scar (9.5mi 800ft)	John Hart	08:30	Orton (chocolate factory CP) NY622083	09:05
<b>5/9/18 (Wednesday) AGM 7:30 at 17 Hayfell Rise (Ken &amp; Ros) All welcome</b>						
09/09/2018	A	Causey Pike, Grasmoo, Lad Hows, Whiteside, Grisedale Pike (14mi 6500ft)	Peter Broad	08:30	Braithwaite Primary School NY232237	09:30
	B	Barbondale round (Great Coum and Middleton Fell) (14mi 3600ft)	Janet & Derek Capper	08:30	Barbon village hall CP SD627823	09:00
	C	Cold Pike and Crinkle Crag (9mi 2900ft)	Frank Jones	08:30	Old Dungeon Ghyll NT CP NY286061	09:15
16/09/2018	A	Birkhouse Moor, Catstycam, Helvellyn, Seat	Dennis	08:30	Patterdale, George	09:15

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		Sandal, Fairfield, St Sunday Crag, Arnison Crag (14mi 5400ft)	Mitchell		Starkey hut (CP at rear), by permission NY394160	
	B	Rest Dodd, High Raise, Boardale (12mi 4200ft)	Janet Capper	08:30	Hartsop NY410129	09:15
	C	Raise, Stybarrow Dodd, Greenside, Glencoynedale (9.5mi 3200ft)	Derek Capper	08:30	Glencoyn Bay NT CP NY386188	09:20
<b>21/9/18 to 23/9/18 Kendal Fellwalkers weekend in Snowdonia (see Janet for details)</b>						
23/09/2018	B	Great Calva and the Uldale Fells (13mi 4000ft)	Peter Broad	08:30	Peter House Farm NY249323	09:45
	C	Tarn Crag, Sergeant Man, Langdale Pikes (7mi 2900ft)	John Nash	08:30	New Dungeon Ghyll NT CP NY294064	09:15
30/09/2018	A	Nine Standards Rigg, Mallerstang Edge, High Seat, Mallerstang valley (16mi 3100ft)	Lorraine Kane	08:30	Kirkby Stephen (Christian Head CP near fire station) NY772088	09:15
	B	Great End (via the Band), Scafell Pike, Sty Head (via Corridor route) (9mi 3700ft)	John Lloyd	08:30	Seathwaite Farm NY235122	09:45
	C	Long Scar, Moughton Scars, Crummack Dale, Norber erratics (9mi 1400ft)	Sue Madden	08:30	Clapham CP SD745692	09:15
Dates for your diary 14/10/18 Annual club supper at Eagle and Child Hotel, Staveley (details to follow with the winter programme.) 25/5/19 to 1/6/19 Kendal Fellwalkers week in Lochcarron (Details to follow in Autumn)						

*Evening walks are intended to be social Summer evening walks, possibly ending with a drink in a pub. They are planned to be about 3 to 5 miles in length and to take up to 2 hours.*

**All walks are on Thursday and start at 7pm**

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