

Kendal Fellwalkers

Affiliated to The Ramblers
Founded in 1977

INFORMATION FOR PROSPECTIVE MEMBERS

Kendal Fellwalkers is an independent walking club, based in Kendal but drawing members from a wider area. We organise a year-round programme of walks in the Lake District and neighbouring hill country. We welcome new members of all ages who are reasonably fit and have some experience of mountain walking. All participants in our walks must be suitably equipped for the prevailing hilltop conditions and are expected to abide by the Club Rules and Safety Guidelines.

It must be understood that nearly all our outings are challenging mountain walks that visit the high tops. However, we are not a rock climbing club and when one of our routes features a scramble this is announced in advance and an alternative is offered. Please note that the walk leaders are volunteers; all are experienced fellwalkers but not many have formal leadership qualifications.

Our Sunday programme includes four levels of walks (with a choice of 2 or 3 in most weeks):

- A** These walks include some activity which is outside the remit of normal walking (Grade 2 scrambles/icy ridges/snow gullies, etc.). When joining one of these walks each person participates at their own risk, is totally responsible for their own actions and takes part only on the understanding that no liability whatsoever shall be construed against any other participant or organiser for actions (or lack of actions) undertaken in good faith. These walks are only open to experienced members.
- A A brisk pace; usually between 12 and 18 miles, but occasionally greater. The total ascent may be over 5000 feet.
- B A steady pace; usually between 10 and 14 miles. The total ascent is typically between 3,500 and 4,500 feet.
- C A moderate pace; usually less than 10 miles. The total ascent is typically up to 3,500 feet.

We assemble at 8.25 a.m. in the car park in front of the County Council Offices, Windermere Road, Kendal. Cars are shared for travel to the start of the walk in order to minimise costs, parking problems and environmental impact. Well-behaved dogs are allowed on walks at the leader's discretion and subject to the conditions set out in the Club Rules.

Other regular activities include informal social walks of four to five miles on Thursday evenings in the spring and summer, a club meal in October and occasional autumn and winter pub evenings. A week in Scotland and weekends away (West Lakes, Snowdonia) are held each year.

An e-mail newsletter is issued to members four times a year. We have an actively maintained website which provides further information about the club and features a gallery of photographs taken on our walks. There is a members only Facebook page.

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Under the terms of our civil liability insurance, prospective members may come on one or two trial walks before joining and paying the annual subscription of £5.00 per person.

Copies of the current walks programme and other essential documents (Membership Form, Constitution and Rules, Safety Guidelines, Conduct of Club Walks Guidelines, GDPR Document)) will be found on the club website (www.kendalfellwalkers.co.uk) or may be obtained from the club secretary:

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